



# Understanding **menopause** – for nurses and midwives

Evidence-based online course for  
nurses and midwives covering:

- perimenopause, menopause and postmenopause
- menopausal symptoms
- the role of nurses and midwives in  
menopause management.

Visit [jeanhailes.org.au/MEP](http://jeanhailes.org.au/MEP)

This activity is endorsed by the  
Australian Primary Care Nurses  
Association (APNA) and the  
Australian College of Midwives (ACM).



Developed with the



**AUSTRALASIAN  
MENOPAUSE  
SOCIETY**  
EMPOWERING MENOPAUSAL WOMEN

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